

I learned from fear

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1. I feared being alone until I learned to like myself.
2. I feared failure until I realized that I only fail when I don't try.
3. I feared success until I realized that I had to try in order to be happy with myself.
4. I feared people's opinions until I learned that people would have opinions about me anyway.
5. I feared rejection until I learned to have faith in myself.
6. I feared pain until I learned that it's necessary for growth.
7. I feared the truth until I saw the ugliness in lies.
8. I feared life until I experienced its beauty.
9. I feared death until I realized that it's not an end, but a beginning.
10. I feared my destiny, until I realized that I had the power to change my life.
11. I feared hate until I saw that it was nothing more than ignorance.
12. I feared love until it touched my heart, making the darkness fade into endless sunny days.
13. I feared ridicule until I learned how to laugh at myself.
14. I feared growing old until I realized that I gained wisdom every day.
15. I feared the future until I realized that life just kept getting better.
16. I feared the past until I realized that it could no longer hurt me.
17. I feared the dark until I saw the beauty of the starlight.
18. I feared the light until I learned that the truth would give me strength.
19. I feared change, until I saw that even the most beautiful butterfly had to undergo a metamorphosis before it could fly.