

Confidence & Self Esteem

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Confidence and Self-Esteem were best friends. They went everywhere together. If Confidence bought a new dress, Self-Esteem bought one just like it. They were very close.

One day a new kid came to their school. His name was Peer Pressure. He had a friend called Hateful Words. They decided to give Confidence a hard time.

They constantly teased her. They forced her to do terrible things. It was so terrible that Confidence lost Self-Esteem. When Self-Esteem wanted to start some classes, Confidence said they wouldn't be any good.

Then one day, Peer Pressure introduced Confidence to Doubt. He wanted to ruin Confidence, but Peer Pressure said he couldn't yet. Self Esteem couldn't understand what was wrong with Confidence. Confidence now hung around with Depression, Low Self-Esteem, and Overeating.

These girls were friends of Peer Pressure. Self-Esteem no longer had any friends. She no longer felt good about herself. She went to see Good Words. Good Words told her how to talk to Confidence. He introduced her to his daughter, Encouragement.

Encouragement and Self-Esteem went to find Confidence. Self Esteem hoped she wasn't too late. The girls found Confidence in a stupor. She was no longer a vibrant, happy young girl. There were dark circles under her eyes. She had gained so much weight from eating that she couldn't move.

Encouragement gasped and Self-Esteem cried. She begged Encouragement to do something.

Encouragement began to hug Confidence. She kissed her and loved her. She told her that she was a beautiful young lady who had a lot going for her.

Encouragement held Confidence so tightly that Self-Esteem thought she would smother her. Confidence began to cry. As she cried, she seemed to lose weight. Then a bright light suddenly glowed from Confidence and she began to smile.

Peer Pressure and his friends didn't like what Encouragement was doing and tried to attack her. They hit at her and pulled at her, but they couldn't pull her away from Confidence. Then Confidence began to speak.

"Get away from me, Peer Pressure. Take your friends and go. You no longer have any power over me." Confidence was now a glowing light. She and her friends made sure that Peer Pressure and his gang never bothered anyone in their town again.

If you feel that Encouragement is not your friend, then try to find Encouragement in yourself. Self-Esteem and Confidence will follow.